

MBBC Sport School Schedule 2010-2011

Activities	Location	Days					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Karate	Room 500		6-7 pm		6 -7pm		12-3 pm
Wrestling	Room 500		7-8:30 pm		7-8:30 pm		11:30 am -1 pm
Sambo (Kids)	Room 500	7:-8:30 pm		7-8:30 pm			10-11:30 am
Sambo (Combat)	Room 500	7-8:30pm	Judo	7-8:30 pm	Judo		11:30 am-1 pm
Sambo (Adults)	5th floor	8:30-10pm	8-9:30 pm	8:30-10 pm	8:00-9:30pm		1-2:30 pm
Tennis	Gym(7)	4-9 pm	7-9 pm	4-9 pm	7-9 pm	3-6 pm	12-7 pm
Chess	Lunch Room(5)		5-7 pm	5-7 pm	5-7 pm		11 am-1 pm
Self Defense (Adults) "Systema"	Paddleball Room (7)	7:30-9:30 pm		7:30-9:30 pm			11 am-1 pm
Wing -Chun Kung Fu	Paddleball Room (7)				7:30-9:30 pm		1-3 pm
Dance	Dance Studio(6)		4-9:30 pm		4-9:30 pm		3-9 pm
Art	Art Room(5)		5-8 pm		5-8 pm		10 am -1 pm
Music, Vocal	Lunch Room(5)		5-7pm				11 am -12 pm
Ballet	Regency Room(3)		5-8 pm		5-8 pm		11 am-3 pm
Gymnastics	Cardio Room(7)	7-9:30 pm		7-9:30 pm			9-10 pm
Soccer	Gym(7)			6-7 pm			1-2 pm